

.....Know that our lived experiences has transformed our attitudes into a belief that no matter the odds we will never give up. To others whom we come into contact with, we leave an impression upon them that we live by a mantra where the only option we have when we get knocked down is to get back up. That we, in our own ways, persevere and thrive on adversity. That failure is not an option and we must always:

**Be Vigilant!**

**Be Resilient!**