submit to the Governor that the probability of geriatric release is not the meaningful opportunity for release the Court requires based upon a defendant's demonstrated maturity and rehabilitation.

3. Shea has learned skills while incarcerated that will help him adapt and gain employment upon his release.

Shea now has goals which he has set for himself. Goals that he has accomplished and some that are being pursued. Shea has taught himself computer programming and webpage design that he has used even while incarcerated. If you would like to see proof of this self-taught knowledge please go to *www.clem4shea.com* and see the site Shea created and maintaines while sitting in his prison cell. Instead of killing his brain with narcotics he now fills it with knowledge. Upon his release, Shea aims to continue his programming passion and attend classes to begin a career in IT and related fields.

Shea has also completed various programs that are available to him in prison, including building maintenance repair and substance abuse, all of which he signed up for voluntarily. Shea also voluntarily attends NA and AA meetings, which he plans to continue upon his release. Attending these programs and always searching for new things to learn helps Shea to keep a sober life. Through God and these programs, Shea can say he has been clean since October 13th, 2013.

Shea's determination to rehabilitate himself doesn't end there either. He has taken it upon himself to take 3 separate course from "ACCI - LIFE SKILLS", which is a cognitive life skills courses. He has paid for these courses from his own funds and is currently taking the following courses:

- 1. Cognitive Awareness Primarily designed for offenders and can be used by therapists and others where a strong cognitive component is needed.
- 2. Offender Responsibility If we are not responsible for our life, who is? Denial and justification are selfdefeating thoughts and behaviors that keep offenders trapped in the swinging door of recidivism. It demonstrates the consequences and offers solution for those that find themselves in the box of selfdeception.
- 3. Theft/Shoplifting Theft is not a mistake; it is a choice, a bad decision, and an act of moral turpitude. Stealing to support a chemical addiction causes double jeopardy. This course focuses on helping individuals overcome the self-defeating thoughts and behaviors that resulted in their crimes.